



ESSENTIAL STYLE GUIDE

Themes from your essential aesthetic
Insights from your body's design pattern



A Note from Your Signature Stylist

Are you wondering what it is like to work with a stylist?
What exactly you get when you purchase?

This sample of my Signature Style Series Essential
Discovery gives you a peek into the custom 20+ pg
StyleGuide I build FOR YOU in this first step on the
Signature Style Systems journey.

With you and for you!

Rebecca Mielke



ESSENTIAL AESTHETIC THEMES

- *Nature!*
- *Strong & relaxed vertical line, like a tree trunk*
- *Organic shapes, as opposed to geometric*
- *Mystique or mystery*
- *Contrast strong with soft*

Key Principle: what you wear should evoke the same feelings in you as your beautiful images!

Images representing your sense of beauty

Themes and ideas:

Wabi-sabi: the Japanese aesthetic principle of beauty in imperfection

Gentleness. Simple and understated looks work.

Assymetry

Organic shapes, as opposed to geometric

Natural rhythms, as opposed to manufactured



Themes and ideas:

Relaxation. Keep the fit of your clothes relaxed.

Use resort (beach or mountain) looks as inspiration

You can rock "off-duty model" looks as long as they are functional (like they have pockets, etc)

Embrace texture with 3D fabrics: use natural elements as inspiration

Plus four more pages of personalized style recommendations based on YOUR aesthetic!

ESSENTIAL

BODY DESIGN



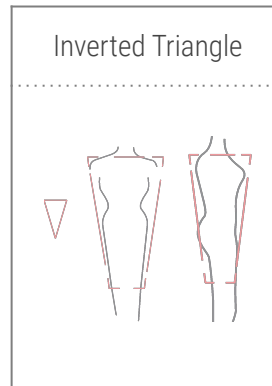
SILHOUETTE

1

Here's a guide to
your silhouette &
best styles lines!

- 1 Body Silhouette Type
- 2 Best Pant styles
- 3 Best Skirt & Dress Styles
- 4 Best Jackets
- 5 Best Coat Styles

Your Body Silhouette is Inverted Triangle



Plus four illustrated pages of best
styles for your body silhouette!



ESSENTIAL

COLOR BASICS



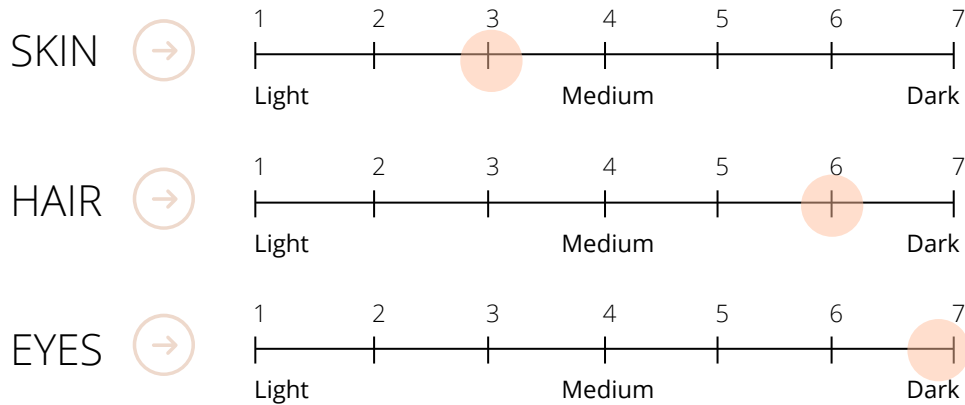
CONTRAST LEVEL

1

YOUR CONTRAST LEVEL IS...



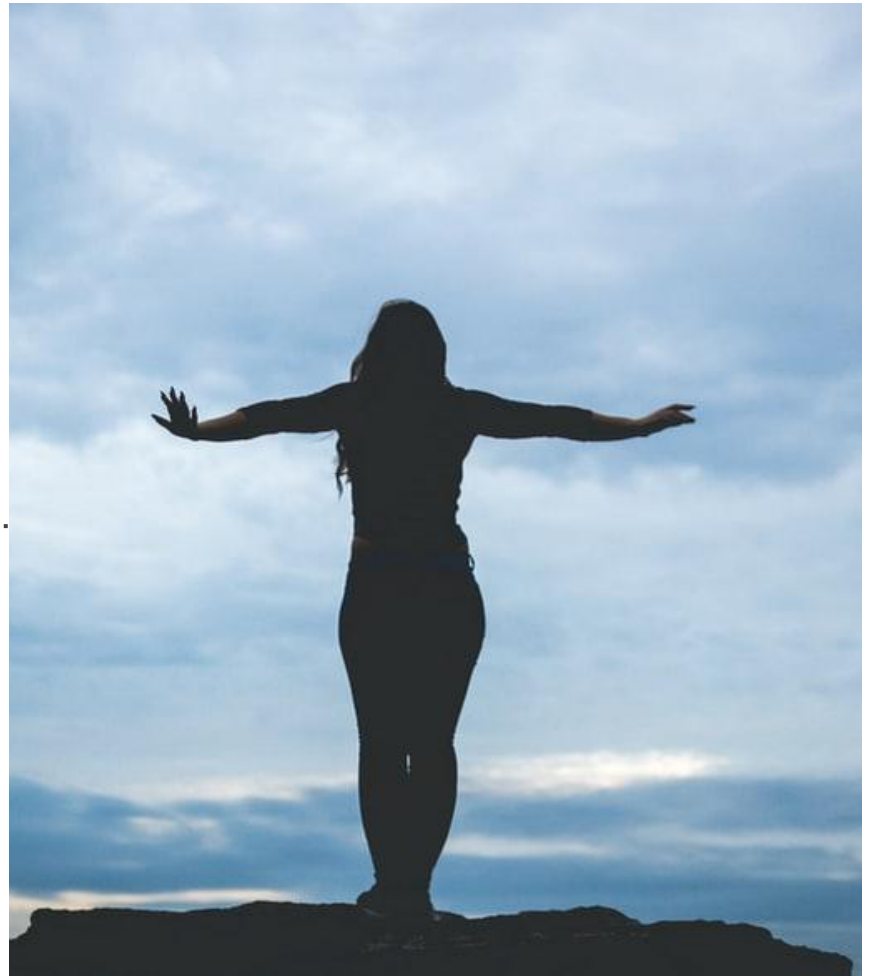
Medium



Plus five more illustrated pages on how to create harmony in your outfits using your contrast level!

Sneak peek into
Proportion

In my [Proportion Discovery](#), we go into proportion in depth, creating personalized proportion templates for your lifestyle. Until then, use this breakthrough shortcut!





THANK YOU

for checking out my sample StyleGuide!

To learn more:

- [Take my quiz: What's Your Style Personality?](#)
- [Sign up to receive my email newsletter](#)
- [Purchase a Seasonal Capsule Palette](#)
- [Purchase a Signature Style Series Discovery](#)